



COLORADO MOUNTAIN CLUB

DENVER GROUP

Mile High Mountaineer

January 2024



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2024 Telemark Ski School

The Denver Group's Telemark Ski School (TSS) helps beginner, intermediate, and advanced-level telemark skiers learn and/or improve their telemark skiing skills.



[Subscribe](#) to our email list.

each in January, February, and March; all sessions take place at Loveland Ski Area.



Photo courtesy of cmc.org

We begin each session by grouping students with others of like ability and assigning them to an instructor for the day. The second and third TSS sessions in February and March may find you in a higher-level class, dependent on your practice and improvement from session to session.

The best way to use the School is to take at least two of the Sunday sessions and practice during the time in between them. But taking all three sessions is even better! This is YOUR year for telemark skiing - come join the fun! **You can register [HERE](#).** Scroll down to the list of three TSS sessions (A, B, and C) and click on those dates, one at a time, that you want to attend and register on **each** webpage.

For more information, contact Marilyn Choske, Co-Director, at 303-905-8510 before 9pm or at mjchoske@gmail.com.



Photo courtesy of cmc.org

2024 Winter Camping School

Winter Camping School is for CMC members statewide who want to comfortably enjoy winter in a unique way, while learning new skills and staying safe and warm under moonlit skies. This school is recommended not only for backpackers, but anyone who intends to spend extended time in the backcountry in winter conditions, including snowshoers/skiers, mountaineers, and ice climbers.

WCS concentrates on the fundamental understanding, equipment, and techniques to keep warm in cold environments during an overnight stay. It covers topics such as how to dress, traveling efficiently, setting up camp, cooking, and sleeping comfortably.

This course has 3 lectures and 2 optional question-and-answer sessions. The first lecture is in-person at the AMC. The following lectures and Q-and-A sessions are online via Zoom meetings. The school will start on Tuesday, February 13th, at 6:20 PM. **Registration is open now and will close on Feb 12th at midnight. Register [HERE](#). Be sure to read all of the details and follow all instructions.**

Attendance at all lectures is mandatory. They are on Feb 13th, 20th, and 27th, starting at 6:20 PM sharp. Optional Q-and-A sessions are on March 5th and 12th. There will be online quizzes required to progress in the school. Two required overnight trips are on March 9-10 and March 23-24.

[Subscribe](#) to our email list.

Tuition is \$110 for Denver Group members and \$120 for CMC members from other groups. This fee includes all lectures, Q-and-A sessions, presentations, videos, a book, handouts, and access to online manuals.

Contact Gyorgy Kereszti at WCSuli86@gmail.com for additional information.



Photo courtesy of WTS

Wilderness Trekking School (WTS) Starts April 2

Hiking in Colorado's mountains is fabulous recreation! Wilderness Trekking School (WTS) is for all – whether you want to bag a few 14ers or just want to enjoy the scenery. WTS is an excellent introduction to the CMC and a place to meet new friends. It's a comprehensive course on mountain day-hiking, with no prerequisites. It's also the CMC's largest school. Students are all ages, from 18 to 80.

If you're new to hiking, WTS provides an opportunity to learn how to travel safely and confidently in the backcountry. If you're already

an experienced hiker, WTS gives you a chance to review and enhance your skills and maybe fill in some gaps. It also fulfills one of the requirements for taking Backpacking School and Alpine Climbing School.

The course consists of streaming videos on your own, 5 Tuesday night small group meetings, 5 field days, and weekly homework (yes, really!). Students are divided into groups of 9-11 people, based on their preferred field day, with some consideration for fitness level.

The curriculum includes safe backcountry travel techniques and the opportunity to practice them in a supportive environment. Students plan and complete a CMC trip with their field group. Learn and practice new skills, make new friends, and become a safer, more confident backcountry traveler!

Tuition is \$170 until March 25 for current CMC Members. On and after March 26, tuition is \$190.

[Registration](#) opens in mid-January and the course starts on Tuesday, April 2.

For more information, including a complete schedule and enrollment instructions, please visit the [course website](#). Information is also available by calling the CMC office at 303-279-3080.

"This course is way beyond what I thought it was going to be - it has challenged me physically and emotionally (I have overcome many fears)." – WTS Student

"I thought I came into the class with a lot of knowledge, but I learned far more than I expected!" – WTS Student

Beginner Snowshoe School

One-day sessions open for [registration!](#)

Learn about snowshoe selection and fit, appropriate dress and keeping warm, prepping for a trip, trail

[Subscribe](#) to our email list.

Most of the dates now have waitlists, but there are still some openings. Cancellations do happen so don't hesitate to get on a waitlist. If demand cannot be satisfied with this schedule, more sessions may be added.



Photo courtesy of Robbie Monsma

New Members: Have You Signed Up For Your First CMC Trip?

If not, consider a "New and Prospective Member Hike," designed to get you started. Bring guests! The trip leader will use the hike to answer your questions about hiking pace, gear, trip categories, transportation, etc. You will receive final instructions by email a few days before the trip.

Sign up by going to cmc.org, log in, search for any "[New Member](#)" trips, then click on the trip you want. Be sure to read the entire trip description!

If no New Member trip spots are available, remember that any CMC trip is available to you, so check out the entire calendar. If you aren't sure what you can do, call the CMC office at 303-279-3080, or the trip leader (contact info in the trip details) for advice.

If your chosen trip is full, please add yourself to the waitlist. Waitlists usually clear and, if a spot becomes available, you will be moved automatically to the trip roster and receive an email notice. Bad weather does NOT automatically cause trip cancellation. Your trip leader will contact you about that.

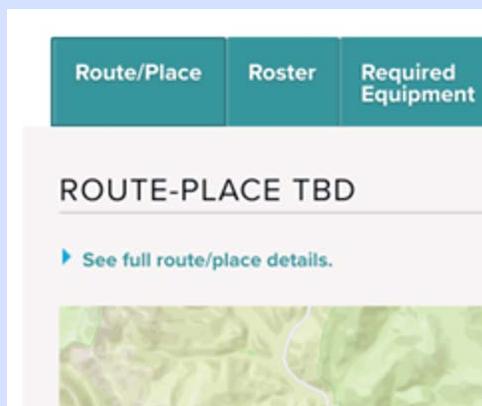
Once the winter snow starts to accumulate, we'll keep right on hiking with our Beginner Snowshoe School. We supply the equipment! Be sure your hiking boots are waterproof, add some tall gaiters, and you will be good to go.

If you need to cancel from a trip, go to cmc.org, log in, click on **My Activities**, find the trip and click on it, then select "cancel." That allows someone else to move onto the roster. Please be conscientious about this - you don't want to be a "no show" and deny someone else the opportunity to participate.

2024 Trip Leaders Needed for New and Prospective Member Hikes

Our "New and Prospective Member Hikes" at Apex Park Open Space in Golden are now available for adoption. We like to have two leaders for these trips, one to lead more experienced hikers up and over Apex while another leader takes new or less experienced hikers along the lower streamside trails. The trips are already set up and we can easily assign them to you. Check out these [Talking Points](#).

Ready to help? Questions? Contact Michael at mjcmahon1@gmail.com



Website help for Trip Leaders and Instructors

Here are three helpful tips for posting your trips on the CMC website, from Robbie Monsma and Scott Kramer:

[Three Tips](#). Please check them out and contact Robbie (remonsma@gmail.com) or Scott (skramer1016@gmail.com) with questions.



Image courtesy of cmc.org

[Upcoming Trips, Courses, and Events](#)

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Check out the [CMC Calendar](#) to find your next outdoor fun!

[Schools and Course offerings](#)

Become a Trip Leader!

Stay active, explore more places, and make new friends.

Denver Group Contacts

COUNCIL

[Denver Group Council](#)

Meets Monthly, 2nd Tuesday

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SECTIONS

[Ascending Hikes](#)

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[Fly Fishing](#)

[Over the Hill Gang \(RMOTHG\)](#)

[Photography](#)

Call for Submissions

Have an item you'd like included in a future Mile High Mountaineer newsletter?

The next deadline is Monday, February 5. Guidelines:

- Articles should be 200 words or less, **OR** submitted as a PDF
- MHM editor reserves the right to determine what's included in the newsletter and edit submissions for clarity and length

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Please send submissions to: cmcdgnewsletter@gmail.com.

Questions, comments, or submissions? E-mail cmcdgnewsletter@gmail.com.

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